

Mask solutions to Simplify SleepLife



Simplifying SleepLife

We sleep for a third of our lives. During sleep we grow, we repair, memories are made; our bodies and minds are rejuvenated.

Sleep feeds our quality of life. Just as our work-life, home-life, love-life and social-life are important to our well-being, our SleepLife is crucial to our health and happiness.

Fisher & Paykel Healthcare is a leading innovator that excels in the treatment of Obstructive Sleep Apnea (OSA).

Our high-performance family of masks simplifies the daily challenges of therapy. They are designed and renowned for: **comfort, seal** and **easy use**.



Fisher & Paykel Healthcare,
working with you to navigate
patients towards adherence.

OUR MASK FAMILY

The Fisher & Paykel Healthcare range of mask solutions has been designed with innovative features to Simplify SleepLife and support the patient's journey to therapy adherence.



Comfort

Facial comfort is achieved through unique cushioning technologies which contour the face. Together with innovative headgear designs, greater comfort is today being achieved by lighter masks, softer seals and small-frame profiles.



Seal

An optimal mask seal is offered and achieved in each delivery category. All are designed to minimize leakage and maximize therapy adherence.



Easy Use

With a focus on Simplifying SleepLife, our family of masks is designed to be easy in every respect: set-up, cleaning, adjusting and sleeping. Just fit and forget.

Fit-and-forget technology

Using our anthropometric database with thousands of facial contours, our designers have created a combination of technologies that adjust to the user. Personalized comfort is achieved through the mixture of these intuitive technologies which require very little manual adjustment. Fit-and-forget means just that – quick and hassle-free fitting, even when it comes to cleaning and reassembly.

Out-of-box solutions

All masks come assembled and ready to use. Our range of mask sizes and designs makes fitting easy. There is no requirement for difficult manual adjustments once the masks have been fitted.



A MASK IN EVERY DELIVERY CATEGORY

Fisher & Paykel Healthcare's masks are designed to work in harmony with the way patients naturally breathe while they sleep. Some patients are nose breathers, others breathe through their mouth and some are a combination. Patient adherence is better supported by choosing a mask based on how a patient breathes. Only Fisher & Paykel Healthcare offers a mask in all four delivery categories. The diagram below guides you to the right F&P mask for your patient healthcare.

DELIVERY CATEGORIES MASK CHOICE DIAGRAM

BREATHING MODE

CHOOSING YOUR MASK

STEP 1

How do you predominantly breathe while you sleep?

NOSE

MOUTH

STEP 2

Are you sensitive to enclosed spaces?

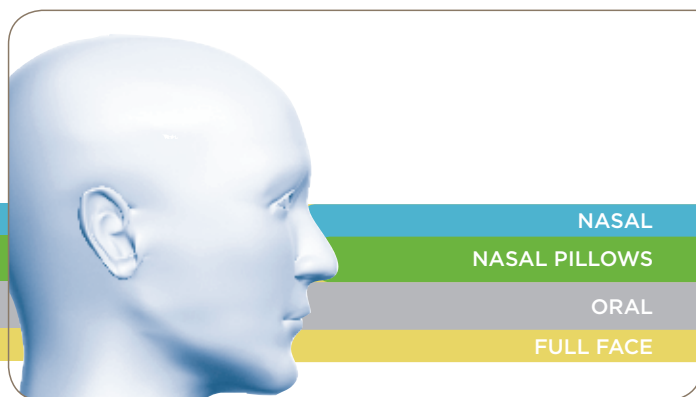
NO

YES

YES

NO

DELIVERY CATEGORY



HINTS ON MASK CHOICE

You naturally breathe through your nose or mouth?

- A full face mask will allow mixed delivery as your breathing patterns change through the night.

You have a nasal obstruction?

- An oral or full face mask allows oral breathing.

You wear glasses and enjoy reading or watching TV before falling asleep?

- If so, a mask that provides a free field of vision may suit you better.

You would prefer the freedom of little or no headgear?

- If so, a nasal pillows or oral mask may suit you best.

You are comfortable with the feel of a hat or cap?

- Nasal or full face masks with headgear are not dissimilar in feel to a hat. Each is designed for lightweight, personalized comfort.

You scuba-dive or snorkel?

- An oral mask slips into your mouth in a similar manner to a diver's mouthpiece.

INFORMATION ON MASK MODELS

ORAL MASKS Oracle™

NASAL PILLOWS F&P Pilairo™ Opus™ 360

NASAL F&P Eson™ F&P Zest™ Q FlexiFit™

FULL FACE MASK F&P Simplus™ Forma™ FlexiFit™



THE ORACLE

is unique – it delivers pressure exclusively through the mouth with minimal headgear.



PILAIRO AND OPUS 360

are small and light masks, delivering pressure directly to the nasal passages.



ESON, ZEST Q AND FLEXIFIT

nasal masks offer over-the-nose solutions that seal well and are easy to fit.



SIMPLUS, FORMA AND FLEXIFIT 431

are for those who prefer a mix of nasal and oral breathing.

Performs - in Tune with you



F&P Eson maximizes no-fuss comfort and simplicity by minimizing manual adjustments, parts and noise.

The F&P Eson's three simple components, the RollFit™ Seal, ErgoFit Headgear and Easy Frame, work in harmony to deliver the comfort, seal and easy use that Fisher & Paykel Healthcare masks are known for. Like the F&P Eson, the F&P Zest Q and F&P Lady Zest Q uses an Advanced Air Diffuser. This refinement ensures minimal noise and efficient exhaust dispersal.

Nasal Pillows Masks

Sleep Freely on Pillows of Air



The **F&P Pilairo** Nasal Pillows Mask takes its design inspiration from the world's lightest little bird... 'the hummingbird'.

The AirPillow™ Seal self-inflates to gently envelop the nose in a "hover-like way" while providing freedom of movement in conjunction with the new Stretchwise™ Headgear. At only 1.83 ounces (52 grams), it's the lightest little performer in the F&P Nasal Pillows class with the least number of parts.

The F&P Opus is our original mask in this category. The F&P Opus is an alternative option with an innovative 360-degree pivoting ball-and-socket elbow which provides for versatility and freedom of movement.

Simply Fits + Performs



When engineering the **F&P Simplus**, our designers set out to create a mask that revolutionized Full Face comfort, seal and easy use.

The F&P Simplus incorporates three key components, the RollFit™ Seal, ErgoForm™ Headgear and Easy Frame, all designed to work in harmony.

As the name suggests, the RollFit Seal “rolls” back and forth on the bridge of the nose to adjust automatically to reduce pressure on the bridge of the nose. The one frame fits all three sizes and has an Easy-Clip frame attachment. The ErgoForm Headgear is ergonomically designed to self-locate high on the rear of the head, allowing for unrestricted head movement for optimal performance.

The F&P FlexiFit™ 431 Full Face Mask is our original mask with the Under-Chin design.

Oral Masks

A Unique Solution for Mouth-Breathers



The unique **F&P Oracle** Oral Mask delivers pressure through the mouth rather than the nose.

Clinically proven to function as effectively as a nasal mask, the F&P Oracle is a perfect solution for mouth-breathers and patients with chronic nasal obstruction.

The F&P Oracle is easy to use and easy to seal. With nothing covering the field of vision, the F&P Oracle provides freedom of movement. It is an Out-of-Box Solution, fully assembled and ready for use.

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