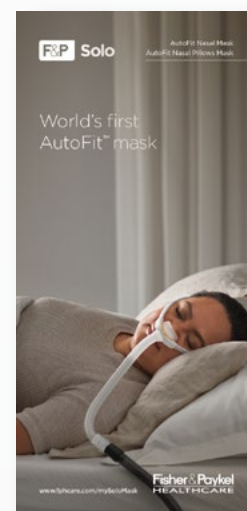


Visit our patient resources page

[Learn more](#)

1 Getting to know your mask



F&P Solo™ Pillows brochure

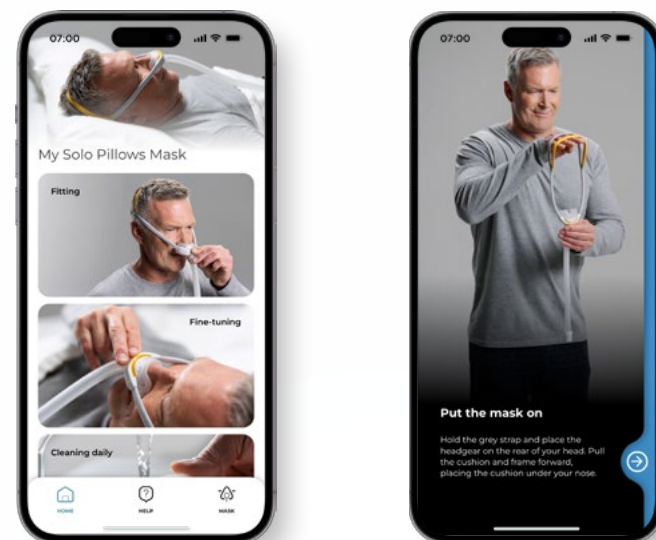
[Download](#)



Introduction to the F&P Solo Pillows

[Watch](#)

2 Getting started



F&P myMask™ App

With easy access to information and support, as you need it, F&P myMask App is the must-have mask companion. Access step-by-step videos of common tasks such as mask fitting, fine-tuning, cleaning and assembly.

Scan to Download



3 Additional support material



Fitting your mask

[Watch](#)



Cleaning your mask

[Watch](#)



User Instructions

[Download](#)

Replacement schedule

Cushion



Replace every 14 days or if the cushion begins to leak constantly, becomes discolored or is torn.

Frame



Replace every 3 months if the frame becomes discolored or cracked.

Headgear



Replace every 6 months or if the headgear becomes discolored, stretches beyond adjustment or the hook and fasteners no longer latch.