



Visit our patient resources page

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1 Getting to know your mask



F&P Simplus™ brochure

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Introduction to the F&P Simplus

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2 Getting started



F&P myMask™ App

With Easy access to information and support, as you need it, F&P myMask App is the must-have mask companion. Access step-by-step videos of common tasks such as mask fitting, fine-tuning, cleaning and assembly.

Scan to Download



3 Additional support material



Fitting and cleaning your mask

[Watch](#)



User Instructions

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Replacement schedule



Frame

Replace every 3 months if the frame becomes discolored or cracked.



Cushion

Replace every 15 days or if the cushion begins to leak constantly, becomes discolored or is torn.



Headgear

Replace every 6 months or if the headgear becomes discolored, stretches beyond adjustment or the hook and fasteners no longer latch.