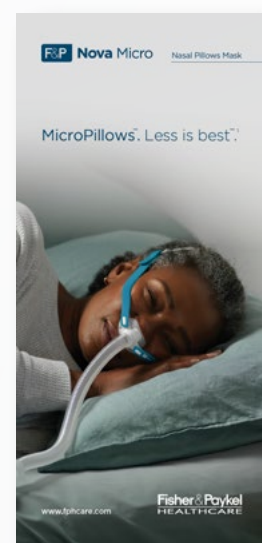




Visit our patient web page

[Learn more](#)

**1 Getting to know your mask**



F&P Nova Micro™ brochure

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Introduction to the F&P Nova Micro

[Watch](#)

**2 Getting started**



F&P myMask™ App

With easy access to information and support, as you need it, F&P myMask App is the must-have mask companion. Access step-by-step videos of common tasks such as mask fitting, fine-tuning, cleaning and assembly.

Scan to Download



**3 Additional support material**



Fitting your mask

[Watch](#)



Cleaning your mask

[Watch](#)



User Instructions

[Download](#)

Replacement schedule

Cushion

14 Days



Replace every 14 days or if the cushion begins to leak constantly, becomes discolored or is torn.

Frame

3 Months



Replace every 3 months or if the frame becomes discolored or cracked.

Headgear

6 Months



Replace every 6 months or if the headgear becomes discolored, stretches beyond adjustment or the hook and fasteners no longer latch.