

Select.
Size.
Assist.

F&P myMask

F&P myMask makes it easier to find the right F&P mask for your patient. The updated app now offers mask selection and sizing directly in the app for all patients and healthcare professionals.

Download

Download myMask via the QR code below to get started.

Scan to download



Select

Patients answer a simple series of questions, then select from the mask recommendations based on insights into their lifestyle needs and sleeping style.

Mask selection tool



Size

Patient scans their face in real time via their camera. F&P myMask accurately* sizes Fisher & Paykel Healthcare PAP Masks.

Scan in progress



Assist

Step-by-step videos show patients how to fit, fine-tune and clean their masks. There's also troubleshooting support available, just in case.

My Solo Nasal Mask

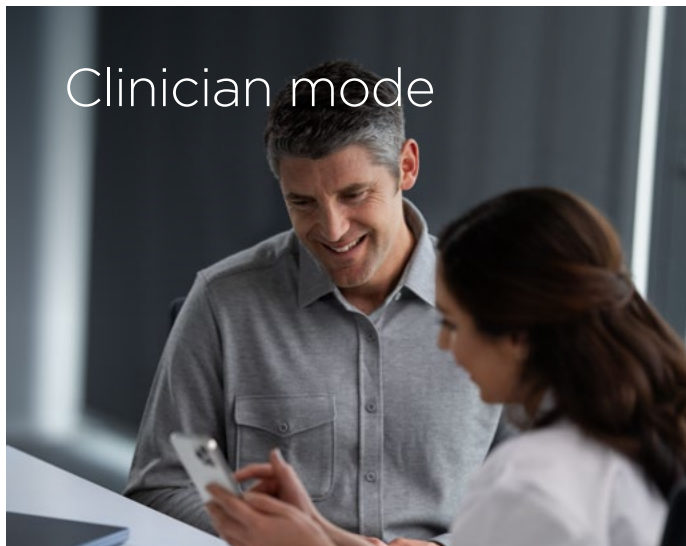


Alternative modes for F&P myMask

These clinician-driven modes help with mask sizing and selection

To register for these services, contact your Fisher & Paykel Healthcare representative.

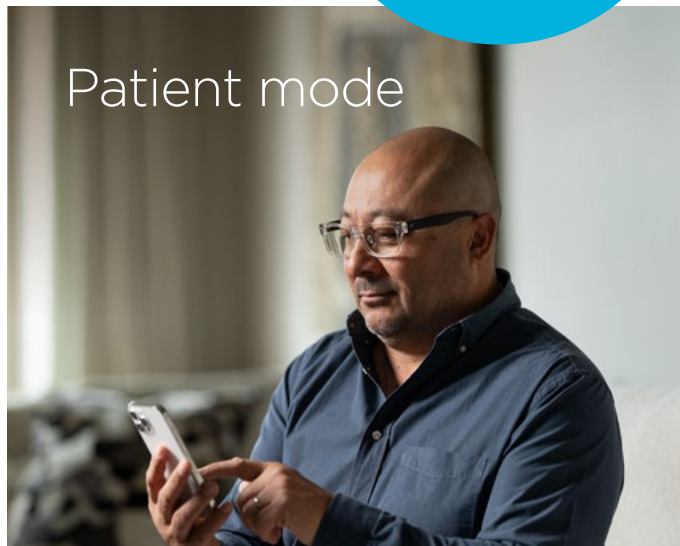
Clinician mode



Clinician Mode (in-person) enables the clinician to size/select masks on the clinician's phone

- View selection and sizing recommendations for multiple F&P masks, allowing the clinician to decide on the best mask for the patient.
- See sizing insights via analysis graphs, giving extra information on patients who are borderline between sizes.
- Use the app on multiple patients by simply resetting the mask recommendations, ensuring patient privacy.

Patient mode



Patient Mode (remote) enables clinicians to manage the mask selection and sizing process remotely

- Powered by F&P Services - a dashboard helps you manage patients and send text messages to track patients along their mask selection/sizing journey
- The selected mask and size automatically populates in the F&P Services dashboard
- Other masks and sizes are also saved in F&P Services dashboard, allowing clinicians to refer back to another F&P mask in case the patient would like to try a second mask.

* The F&P myMask App sizing accuracy was tested on 73 participants in 2023. When compared to the use of callipers, the F&P myMask App was found to have a median accuracy of > 91% (Confidence Interval 90 - 95%) across three measures: Face height, nose height and nose width.[†] We take patient data and privacy seriously and respect anonymity. There is no need for a patient to create an account to use any of the features on the myMask App including gaining access to selection and sizing or for mask help and support. No patient images are transmitted during the myMask selection and sizing process and no image or video is stored on the device after processing. To manage data security, we are ISO 27001 certified internationally and ISO 13485 certified in New Zealand. For a full product set-up description, cautions, hazards and warnings, refer to user instructions provided with the product. Use device as directed. Always follow the instructions for use, e.g., the user instructions. F&P, myMask, F&P Solo and Solo are trademarks of Fisher & Paykel Healthcare Limited. For patent information, please see www.fphcare.com/ip. PM-636344 REV A © 2025 Fisher & Paykel Healthcare Limited